

Nation of
Islam
Research
Group

DePopulation Briefs

"The fact that fasting is the cure to 90 per cent of our ills is known by the medical scientists. But, they do not teach you that." —**The Most Honorable Elijah Muhammad**

Robert F. Kennedy, Jr.:
The War Against the Poor

Robert F. Kennedy, Jr., reported: "There's a public basketball court in Denver in a very diverse neighborhood—it's Blacks, whites, Hispanics. And they all play. The day they declared a lockdown, the parks department and police came to that basketball court and all the other basketball courts and they either padlocked them, if there was a fence around them, or on his basketball court where there was no fence, they removed the rims on the baskets. Here in Venice off of Los Angeles where I am, they took the skate park where the kids skateboard outside and they covered it in sand so the kids couldn't skateboard. They took the outside volleyball nets down all along the beaches. And when the people came back and put up nets of their own, the parks department came and removed all the posts. They were ticketing surfers, and another guy in a kayak who I know got a \$1000 ticket for being on the ocean..."



So they're taking all these people who are getting the sunlight and vitamin D and being outside and they're putting them inside. Everything they did was the inverse of what you would want to do if you were actually trying to prevent the disease, particularly in the poorer neighborhoods, because now you're locking people in homes where many

of them have no air conditioning and they're overcrowded.

"The impact of the COVID countermeasures on the poor is disproportionate—it was like a war on the poor in this country. All the conditions of social deterioration:



drug addiction, suicide, lowered IQ, lost vocalization and reading ability, declines in math, in sciences, in arts, in history, dramatic declines in learning, and the starvation of hundreds of thousands of poor around the world. It was really just like a direct hit on the poor. ..."

—transcribed and edited excerpt of Kennedy's interview with Dr. Joseph Ladapo, from a recent episode of "RFK Jr. The Defender Podcast," <https://childrenshealthdefense.org/defender/florida-surgeon-general-joseph-ladapo-rfk-jr-podcast/>

Fear No One BUT Allah

Dr. Joseph Mercola writes that "Totalitarian nations have always used the power of fear to make citizens comply with authoritarian rule. Without fail, it's been shown that all you have to do to engineer compliance, no matter how horrific the ramifications, is to tell people they have something to fear, and claim they will be safe if they follow you.

"Today, we also have something no previous tyrant has had, namely the technology to track, trace, control and manipulate individuals wherever they live. Most are surrounded by electronics and wireless devices that harvest every imaginable data point about their personal life.

"Digital currency will complete the net of tyranny. Once all cash economies have been abolished, they have absolute control over us because they will be able to tax every transaction and ensure compliance through the threat of financial confiscation.

"The pushback seen around the world against mask mandates, vaccines, social distancing and lockdowns is not because there's a willful ignorance of science, but that no real science is being presented; science is actually being withheld and suppressed."

Source: "How the Government Uses Fear to Control," posted here: <https://www.nutritruth.org/single-post/how-the-government-uses-fear-to-control>

Suicide Linked to Vitamin D Deficiency

Suicide is the 12th leading cause of death in the U.S. A 2023 study of U.S. veterans found those with vitamin D deficiency who were prescribed vitamin D had a 64% lower risk of suicide when compared to those who didn't take a supplement.

This adds to the growing body of evidence that insufficiency or deficiency is linked to depression; other nutrients found to improve mental health include vitamin B6 and magnesium.

Consuming refined sugar and a high carbohydrate diet may also increase your risk of depression, as sugar primarily drives chronic inflammation, which is linked to depression. A 2019 study demonstrated that avoiding sugar, soft drinks, processed meat and refined carbohydrates lowered levels of depression and anger.

Low levels of vitamin D also increase one's risk of all-cause mortality by 25%, cancer mortality by 16% and lung-related illness by 96%. The data show that optimizing vitamin D (particularly vitamin D3) can help prevent COVID and lower your risk of severe symptoms. So go outdoors and get as much sun as you can.

Source: "Could vitamin D help ward off suicide?" posted here: <https://nexusnewsfeed.com/article/health-healing/could-vitamin-d-help-ward-off-suicide/>



Saviours' Day 2023 The Largest Gathering of the UNVACCINATED in History?



Vaccine Corner

So how much money do doctors really make from vaccines?

Research done by WELLNESRSANDEQUALITY.com in 2016 found that "The average American pediatrician has 1546 patients, though some pediatricians see many more. The vast majority of those patients are very young, perhaps because children transition to a family physician or stop visiting the doctor at all as they grow up....Blue Cross Blue



Shield pays pediatricians \$400 per fully vaccinated child. If your pediatrician has just 100 fully-vaccinated patients turning 2 this year, that's \$40,000. Yes, Blue Cross Blue Shield pays your doctor a \$40,000 bonus for fully vaccinating 100 patients under the age of 2. If your doctor manages to fully vaccinate 200 patients, that bonus jumps to \$80,000.

"But here's the catch: Under Blue Cross Blue Shield's rules, pediatricians lose the whole bonus unless at least 63% of patients are fully vaccinated, and that includes the flu vaccine. So it's not just \$400 on your child's head—it could be the whole bonus. To your doctor, your decision to vaccinate your child might be worth \$40,000, or much more, depending on the size of his or her practice.

"If your pediatrician recommends that your child under the age of 2 receive the flu vaccine—even though the flu vaccine has never been studied in very young children and evidence suggests that the flu vaccine actually weakens a person's immune system over the long term—ask yourself: Is my doctor more concerned with selling me vaccines to keep my child healthy or to send his child to private school?"

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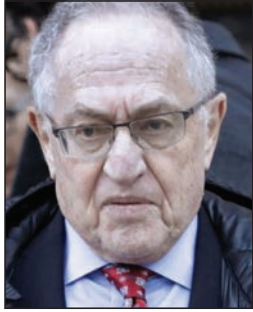
“As I live, my desire is to destroy the so-called medical profession, because it is not a profession of healing; it is a profession of drugs.”

—The Most Honorable Elijah Muhammad

Dershowitz Moonwalks Forced Vaccines

All those who heard **The Honorable Minister Louis Farrakhan** on July 4, 2020, lay out *The Criterion* know that he challenged the “renowned” attorney **Alan Dershowitz**, who had publicly stated that “[T]he state has the power to literally take you to a doctor’s office and plunge a needle into your arm...” The Minister called out Dershowitz by name and warned that “**once you try to force us, that’s a declaration of war on all of us...**”

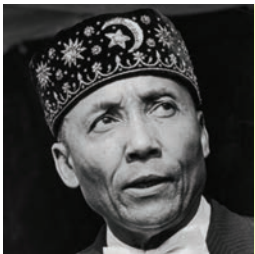
Dershowitz recently tried backpedaling those comments he made in May 2020 in a recent interview with comedian Alex Stein:



“I don’t believe in mandatory vaccination now. What I said was if there came a time when we had a real pandemic and there was a perfect vaccine that there would be no constitutional right for somebody to say ‘no, I’m going to spread the disease and I’m going to be Typhoid Mary.’ The government, under a Supreme Court decision in 1905, would have the power to compel vaccination. We’re not even close to that situation today, so I’m not in favor of compelled vaccination at all today.”

Dershowitz then expressed his own doubt about the vaccines, saying that he received all the shots and still contracted COVID:

“I’ve had the Pfizer [vaccines]—all of them plus the booster—and tragically, after years of not having COVID, I came back from a trip, a long airplane ride, and went to a Christmas party, which I probably shouldn’t have, wore a mask and did get COVID and had a pretty bad case of it for three weeks but I’m better now.”



“The so-called American Negroes—the lost and found members of the nation (the Black nation) the first and the last—have been used for experimental purposes. They have suffered every evil thing or idea that entered the heart of the slavemaster and his children. This is going on today, as never before in a wise and scientific way”

—The Most Honorable Elijah Muhammad
How To Eat To Live, Book 2, “Live Long”

“Medical” Torture of a Black Man

“Dr.” Thomas Hamilton “borrowed the slave Fed from a grateful patient” in order to test some of his medications. Here is how the “test” was described:

“He had a hole dug in the ground which he then had heated with fire to a high temperature. Fed sat naked on a stool on a platform placed within this oven-like pit with only his head above ground level. Fed took a different medicine each of the five or six times he entered the pit over a period of two or three weeks, so that Hamilton could de-

Mockery Is A Tactic of War

The mockery of the safe and effective drug IVERMECTIN as “horse dewormer” was part of a well-worn political tactic deployed to silence critics of the government’s “vaccine” regime. The abstract of a recent paper in the journal *Professional Discourse & Communication* says this:

“The aim of this paper is to analyze the communicative tactic of mockery in American political discourse. The problem of intensification of destructive elements in American political speech requires thorough investigation as political discourse becomes less conventional and more aggressive. In this context mockery is one of the general communicative tactics, which is used for humiliation and verbal assault on the speaker’s opponents. Mocking lets politicians destroy reputation of their competitors, presenting them in a negative way. Not only politicians, but also social, political and economic groups of people can become a target of mockery. The paper draws extensive empiric material to reveal that mockery is often used in pre-election discourse, because the goal of speakers in this kind of political discourse is to prevail over their opponents by all means. The communicative tactic of mockery may include destructive speech elements, e.g. invectives, negative epithets, dysphemism, pejoratives. This communicative tactic may be used along with special mimics, gestures or graphic content (caricature, video in media etc.). The analysis of empiric material proves that mockery rarely has unilateral character and frequently requires a response from the target. Users of this tactic demonstrate disrespect towards each other and try to impress and entertain their voters.”

Robert F. Kennedy, Jr. points out that the United States had 3,000 deaths per million from “COVID” and were 70% vaxxed, but Nigeria, which is just 1% vaxxed, had 13 deaths per million. The ONLY thing that explains this is DEPOPULATION.

termine which preparation best enabled the slave to withstand high temperatures. Fed fainted each time from the heat and from exhaustion (he had put in a full day’s work before each experiment). According to Fed’s account of the proceedings the doctor found cayenne pepper to be the most effective preparation. Dr. Hamilton bled the slave every other day for three weeks and repeatedly blistered him “to ascertain how deep my black skin went.”

Source: Todd L. Savitt, “The Use of Blacks for Medical Experimentation and Demonstration in the Old South,” *Journal of Southern History*, Aug. 1982.

Congresswoman Injured By Vaccine

During Rep. Nancy Mace’s (R-SC) turn to question former Twitter executives about their illegal censorship and banning of accounts, she used her allotted time to state, “I, along with many Americans, have long-term effects from COVID.”

The social media giant stifled the voices of medical experts who raised doubts about the prevailing narrative of the “pandemic,” so Rep. Mace shared details about her own health: “Not only was I a long hauler, but **I have effects from the vaccine.** It wasn’t the first shot, but it was the second shot that I now developed asthma that has never gone away since the second shot. I have tremors in my left hand and I have the occasional heart pain that no doctor can explain.”



“I have great regrets about getting the shot because of the health issues that I now have that I think are never going to go away,” she added.

Rep. Mace used the statements as a prelude to target a regimen of medical censorship that was installed on the platform as vaccine mandates and vaccine passports became normalized throughout 2021.

“I find it extremely alarming Twitter’s unfettered censorship spread into medical fields and affected many Americans by suppressing expert opinions from doctors and censoring those who disagree with the CDC,” she stated.

The image shows a screenshot of a Twitter thread. The top tweet is from Boyce Watkins, PhD (@drboycewatkins1), stating: "They want black men to be feminine for the same reason your school teacher wanted you on drugs to calm down your behavior. Assertive black men are SCARY to society. That's why they want you to either become a little boy, a little girl, a comedian or a corporate slave." Below it is a tweet from Jay Bhattacharya (@DrJBhattacharya) dated 20h, saying: "The first step is to state the truth... Lies were told [that] harmed the public. Those lies were directly contrary to the evidence, to decades of knowledge on viral pandemics, and to long-established fundamental biology." The next tweet is from Joseph A. Ladapo, MD, PhD (@FLSurgeonGen) dated Feb 16, stating: "Florida saw a 1,700% increase in adverse event reports after COVID-19 vaccinations. Does that sound safe and effective? I didn't think so either. That's why we released this health alert." The final tweet is from Robert F. Kennedy Jr. (@RobertKennedyJr) dated 17h, saying: "Bill Gates' future of farming—no farmers, fake food, lab-grown meat + insects. The death knell to Thomas Jefferson's vision of a democracy rooted in thousands of freeholds owned by family farmers each with a stake in our system, assuring the continuation of an agrarian republic." At the bottom, another tweet from Joseph A. Ladapo, MD, PhD (@FLSurgeonGen) dated Feb 23, states: "Don't let the CDC and their minions confuse you with spin. In Florida, total vaccines administered increased by 400% after mRNA COVID-19 vax was introduced, while adverse events increased by 1700%."