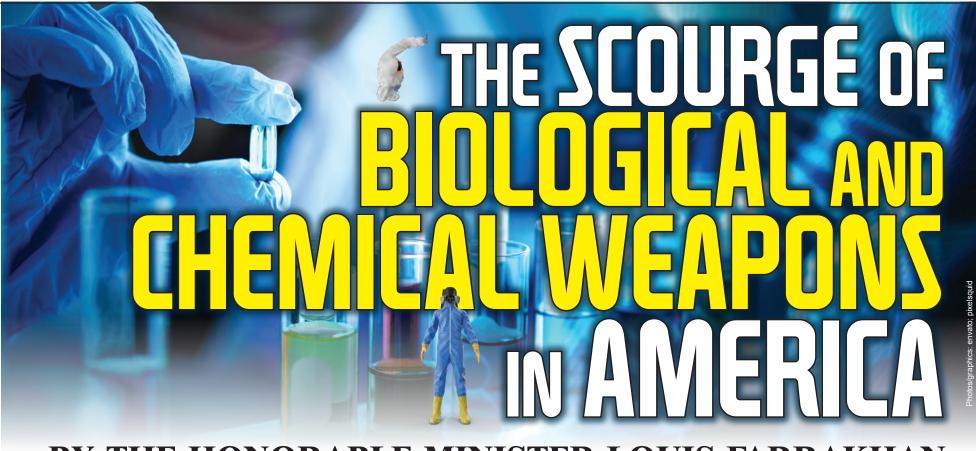
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BY THE HONORABLE MINISTER LOUIS FARRAKHAN

[Editor's note: The following article is edited from an hour long message delivered by the Honorable Minister Louis Farrakhan as Part 37 of his

52-week Lecture Series "The Time and What Must Be Done." This message originally aired on Saturday, September 21, 2013. Order this message it in its entirety on MP3, DVD and CD at www.store.finalcall.com or call 1-866-602-1230.]

IN THE NAME OF ALLAH, THE BENEFICENT, THE MERCIFUL.

n August 20, 1998, following a limited meeting of President [Bill] Clinton and six of his advisers, the world was surprised by a missile attack on a pharmaceutical plant in the Sudan. According to a September 1, 1998, New York Times article by Tim

Wiener and James Risen, the purpose of greater secrecy of the "small group" was to prevent leaks. This attack was somehow combined with an attack in Afghanistan aimed at Osama bin Laden in retaliation for two U.S. embassy bombings in East Africa. They said that Osama bin Laden was then living in The Sudan.

The article continued, however, that: "... within days of the attack, some of the [Clinton] administration's explanations for destroying the factory in Sudan proved inaccurate. Many people inside and outside the U.S. government began to ask whether questionable intelligence had prompted the United States to blow up [the wrong building]"—that pharmaceutical building

President Clinton came before the American people and said that in that building they were making "weapons of mass destruction," when, in fact, they were doing the very thing that Brother Muammar Gadhafi was doing: Making medicines and vaccines to heal the condition of African people. And, of course, that would have interfered with the policy of our government to depopulate these countries.

America seeks to destroy anyone who opposes her policies. Anyone who stands in the way of such policies that

interferes with America's national interests, she plots and she plans to destroy them.

I respectfully asked our government, the Secretary of State

John Kerry: How can you say Syrian President Bashar al-Assad is such a bad man because he is killing his own people, when we have a policy in place, in our government, that is killing not only Third World people, but it is our foreign policy? What governments on the Earth can trust us with vaccines, with food, with your saying that you have a desire to give them potable water; water that's fit or suitable for drinking?

You say that you want to fight against malaria and the mosquitoes—and we are so trusting: We will not take what you give, and examine it scientifically, though we have scientists that are qualified and capable to do that. The whole Earth is in

The Valley of The Shadow of Death. And "a pale horse" that is in the Book of Revelation, Chapter 6, verse 8, where it says, "death is the rider and hell follows behind that rider"—that pale horse is hurting the Earth and its people: "And I looked, and behold a pale horse: and his name that sat on him was Death, and Hell followed with him. And power was given unto them over the fourth part of the earth, to kill with sword, and with hunger, and with death, and with the beasts of the earth."

Satan is transforming himself into some type of "angel of light," saying he wants to "help the world," while at the same time Satan is a pathological liar and a psychopath of the worst kind, who can never admit his own fault and he kills without any conscience or thought of mercy. No wonder when we say our

Oft-Repeated Prayers, we open by saying: "I seek refuge in Allah against the accursed Satan."

Paul, The Apostle, in the Book of Ephesians, Chapter 6, verse 12, says: "We war not against flesh and blood, but against principalities and powers, and the rulers of the darkness of this world and spiritual wickedness in high places"; and in the Book of 2 Corinthians, Chapter 11, verses 13-14, Paul says: "For such are false apostles, deceitful workers, transforming themselves into the apostles of Christ. And no marvel; for Satan himself is transformed into an angel of light."

Well, who are these people, "spiritual wickedness that is in high places"? This is talking about spiritual leaders who are being used to fight against The Truth of The Gospel of Jesus The Christ. ...

Zbigniew Brzezinski, United States National Security Advisor for President Jimmy Carter from 1977 to 1981, said, "It is easier to kill a million people today than to control a million people." And while at the same time the Third World peoples are multiplying, the White population is diminishing in Europe, it's diminishing in America, by the Power of Allah (God).

Putting poison in the water to sterilize human beings so that the gift of reproduction, which God gives to every creature to maintain and sustain and reproduce itself: That very process is being killed by food that we need to eat, water

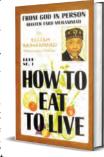
that we need to drink; poison in the air that we need to breathe, and poison in the earth that is under our foot to produce what we put in our mouths as food and as seeds for planting.

Yes, even the seeds, too, are poisoned. ...

In the Honorable Elijah Muhammad's monumental book, "How to Eat to Live, Book 1," the Honorable Elijah Mu-

hammad wrote over 50 years ago about the dangers of chemical sterilants and additives being put in our water and food. ...

On pages 107-108, in the chapter "Poisonous Food and Water," the Honorable Elijah Muhammad continues: "Take, for instance, the use of fluoride, chloride, and sodium, which if not used correctly can destroy our entire life. Maybe it is best to find something else that will clear our water without



killing both us and the poison in our food and water.

The scientist should not advocate the use of such poisonous chemicals as fluoride, chloride, and sodium, which may have a bad effect on our brains and our human reproductive organs. The scientist that uses such poison on human beings wants to either minimize the birth rates or cause the extinction of a people. D.D.T., which is sprayed on food while it is growing up from the earth, is also a poison that should not be put into the human body, regardless of the desire to kill the insects that love to dine on the same food on which we dine. The poison may not take instant [effect] on us, as it does the insects, but it can, over the long years, help shorten the span of our lives. We live in a world commercializing on everything where money is involved, and this has speeded production of everything but human lives, in order to fill the demand of the people. This has caused many scientists to overlook the dangerous effects that such fast production has on the health of the people. Therefore, the only way out for us, the poor Lost-Found Black man and woman of America, is to seek refuge and guidance in Allah for our protection from the evil plannings and doings of Satan. Allah (God) has pointed out to us in both the Bible and the Holy Qur'an the right foods for us to eat and He has pointed out the poisonous food and drinks. Follow Allah (God's) guidance or suffer the consequences."

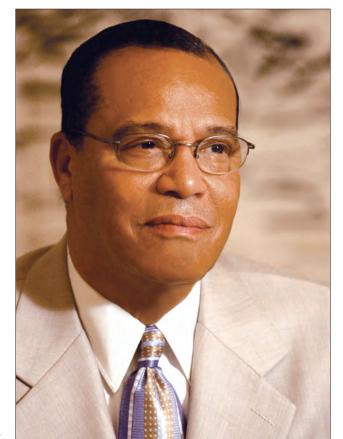
In fact, the Honorable Elijah Muhammad says of his teachings: "What I am teaching you is life! Accept it and live! Reject it, and the consequences are an untimely and early death." ... We could take our government, with these policies, to the International Criminal Court. But most of the nations of the Earth have signed that they will not take Americans, or American citizens, to the International Criminal Court. And America has used the threat of what she gives to these nations, that she will "take it away" if they don't sign that they will never bring an American before the International Criminal Court.

The Law of Use and The Law of Abuse

When Allah (God) gives you something, you must use it in the way that God has given it, and intended for it to be used. Because the misuse of a gift brings "The Law of Abuse" into play; and "The Law of Abuse" means that you lose what you had by abusing it, or not properly using it.

The present stewards of our planet, and its people, have abused "The Law of Use"—and poisoned the earth, the air, the water, the food supply. Even the people are toxic: These evil scientists that put fluoride, sodium fluoride into Prozac; and then tell you of its "side effects," that if you take it, some of the side effects are that you might become suicidal: How many medicines are we taking that are like this?

So, if chemistry can produce suicidal thoughts: Are there also chemicals that can be put in the water, and the food, not only to sterilize and reduce the ability of the human being to reproduce, but is there chemistry that can produce thoughts



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that makes one think that they are feminine in the biological body of a man, or masculine in the biological body a woman? That we would begin to think that "there is a woman inside of me," trying to get out to be itself; or, there's "a man inside of a female," trying to get out—to answer the call to be "a man?" Could it be that we are victims of wicked chemistry, and the deliberate misuse of it? I believe this is true.

e are under the scourge of biological weapons; we are under the scourge of chemical weapons, and, we are slowly dying—and dying with the loss of ability to reproduce ourselves. . . .

We cannot continue to allow our enemies to vaccinate us and our children. They make it "the law"—and it is the law, in some places, that we can't go to school unless we allow them to vaccinate us. But why should we trust you to vaccinate us and our children? Our children are all we have: Should we put our children in the hands of those who have used chemistry and biology, and vaccinations, to lessen our power to reproduce, and to kill us off?

No. We must develop the scientists that will examine whatever you offer us, because we know you as a blood shedder,

we know you as a liar, we know you as a deceiver and a murderer. So why would we trust you with our precious gift, our children? In the 1960s, the Honorable Elijah Muhammad advised his followers not to take the polio vaccine. He said some of the early vaccines we could take; but now that this Kissinger National Security Study Memorandum 200 on depopulation is the policy of our government, we have to be careful of what injections we allow ourselves to take.

Did you know that there are different flu vaccine shots? According to one of our researchers, he went to the doctor, and she recommended a flu shot; and he refused, saying that he didn't want a flu shot due to the excessive mercury and other additives used as preservatives. And she told him: "Oh! We have a flu shot that is a non-preservative, that does not have any additives that

we give to Jewish people, and those who are knowledgeable about the chemical additives in these vaccines. ..." However, the general population does not have this knowledge to make this choice.

In his monumental book How to Eat to Live, Book 2, the Honorable Elijah Muhammad talks about "the denaturing of food"; and he tells us that when we go to the health food store to buy pills, the pills are not satisfactory to give you the nutrients that have been taken from the food.

The Honorable Elijah Muhammad writes on Page 93, in Chapter 25, "Food Robbed of Natural Vitamins": "When the vitamins and proteins are chemically taken out of natural foods, it makes the food less valuable. The chemicals used to take out vitamins and proteins from their natural place in food and the chemicals used to keep and preserve the vitamins and proteins make it not too safe for us to eat vitamins and proteins in pills and liquid form. It is a pity that the good food is robbed for the sake of a commercial dollar." On Pages 107-108, in Chapter 29, "Swine Eats Anything," he writes: "America's markets are loaded with swine, and loaded with vegetables and fruits which are preserved and made to look beautiful by having poisonous chemicals poured upon them. There are thousands, and hundreds of thousands of herds of cattle and sheep and there are hundreds of thousands of fowls. Yet, Americans decorate their tables with the divinely-prohibited flesh—the swine—and represent themselves as being the true Christian followers of Jesus."

In Chapter 47, "Doctor Falls Victim of Same Sickness," on Page 158, he writes: "IF THE MEDICAL DOCTORS and the theologian teachers and scientists of chemicals, are indulging and are not successful in expanding their own lives in what they are offering to us to eat and drink, then why should we follow their way of life? The chemical doctors go to the earth to get chemicals to heal themselves and us. These chemicals soon will destroy both [them and us]. [Our] bodies were not made to be supported by chemicals for health and longevity. The fact is the body of man was not to be drugged. ..." And they are turning down, now, much of their medication, which is absolutely poison and detrimental to us.

It is prophesied in the Holy Qur'an that when The God of Truth, Freedom, Justice and Equality comes, He will force this evil world to confess its evil. And this, they are now doing. So there are forces, now, pushing the small farmer out, causing the small farmers to lose their farms so that these farms can be eaten up by the larger corporate farmers.

The U.S. Department of Agriculture and the Food and Drug Administration approve techniques that are being developed to fatten the sheep and the cows faster. Hormones are injected into them, going against the natural way, to fatten them to get them to

market faster; the coloring and other additives added to the food is denaturing the food. And because of the distances that food now has to travel to come to the marketplace, chemical preservatives are added to keep the food from rotting. . . .

All of these techniques to produce more money are also producing more disease in food that lacks nutritional value. Our food is being denatured.

In 2009, a Times magazine health segment writer, M.J. Stephey, asked the question, "Eating Your Veggies: Not As Good For You?" He reports on a Journal of Horticultural Science, February 2009 report on "Declining Fruit and Vegetable Nutrient Composition: What is the Evidence?"; he writes: "According to

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Donald R. Davis, a former research associate with the Biochemical Institute at the University of Texas, Austin. Mr. Davis claims the average vegetable found in today's supermarket is anywhere from 5 percent to 40 percent or more lower in minerals (including magnesium, iron, calcium and zinc) than those harvested just 50 years ago." . . .

In other words: The natural function of your body is continued by the natural producing of food and drink. But when you alter the food, then that begins the altering of the function of the organs of your body, producing disease. So these pharmaceutical companies, now, are getting wealthy. When you get sick you go to the doctor, he sends you to the pharmacy; and the pharmacy, now, is drugging you and charging us all kinds of money to keep us alive.

An article by Carina Storrs, posted on Health.com dated January 31, 2011 entitled "Hormones in Food: Should you worry?" discussed the negative effects of hormonally-fattened livestock, and even salmon: "A salmon that grows to market size twice as fast as normal. Dairy cows that produce 15 percent more milk. Beef cows that grow 20 percent faster. What do these hyper-productive animals have in common? Thanks to injections and implants (in the case of cows) or genetic engineering (in the case of salmon), they contain artificially high levels of sex or growth hormones. ..."

Ms. Storrs continues in the section, "Growth hormones": "In 1993, the FDA approved recombinant bovine growth hormone (rBGH), a synthetic cow hormone that spurs milk production when injected into dairy cows, and consumer groups have been concerned about it ever since. The manipulation of growth hormone in the AquaBounty salmon has sparked similar concerns. The actual fear is that manipulating growth hormones in cows or salmon—may increase another hormone, insulin-like growth factor (IGF), which could mimic the effects of human growth hormone in harmful ways." The article continues: "In fact, research has found that milk from rBGH-treated cows contains up to 10 times more Insulin-like growth factors than other milk. Higher blood levels of the Insulin-like Growth Factor, regardless of what causes them, have been associated with an increased risk of breast, prostate, and other cancers in humans. In a 2004 study, patients with above-average Insulin-like Growth Factor levels had nearly a 50 percent higher risk of prostate cancer and a 65 percent higher risk of hormone-dependent premenopausal breast cancer than people with below-average levels."

What is producing this? It is because of the food that we are eating. Black people, now, have some of the highest rates of cancer disease; diabetes, lupus. . . . The Insulin-like Growth Factors are proteins with high sequence similarity to insulin; these "IGFs"

are part of a complex system that cells use to communicate with their physiologic environment. In the section on "Sex hormones and early puberty," Ms. Storrs writes: "Insulin-like growth factors

are not the only hormone found in the food supply. Ranches have been fattening up cattle with sex hormones—most notably estrogen—since the 1950s. Today most beef cows in the U.S.—except those labeled 'organic'—receive an implant in their ear that delivers a hormone, usually a form of estrogen (estradiol) in some combination with five other hormones. (These hormones are not given to chicken and pigs because they don't have the same growth-promoting effect in these animals, although antibiotics are given to all three species for similar growth-promoting



reasons.) One concern is that such hormones may spur earlier puberty in children, who are, on average, entering puberty at a younger age than they did a generation or two ago, for reasons that are unclear."

"Unclear" maybe to the scientists, but not unclear to Allah and His Messiah.

This article goes on to state: "However, even miniscule amounts of estrogen could affect prepubescent girls and boys, says Dr. Walter Willett," (chairman of the department of nutrition at the Harvard School of Public Health, in Boston). This estrogen put in the food supply is negatively affecting the male reproductive system, killing the sperm in males and limiting the growth in the male sexual organ. "A 2009 study found that children who consumed the most protein from animal sources entered puberty about seven months earlier than those who consumed the least. . . . "Brothers and sisters, this is all science. And it is really not only "genetic engineering," but it is also "social engineering" on top of genetic engineering.

If these added hormones stimulate the sexual hormones in the development of our young boys and girls, then you have food that is stimulating this "sex craze" visualized in the movies, on televisions, in theaters, in music, and in lyrics. So as the desire "to eat" is natural, and as the desire for "sex" is natural; and as you grow hormonally,

then, at a certain point in our development, we are ready to reproduce. But when that development starts at eight and nine and 10 years of age, and you start seeing children with breasts and hips, and getting their menses at eight and nine years of age; and boys developing sperm earlier, then sexual experimentation and sexual abuse, and putting child pornography and using children across the world for sexual purposes, is now going on at an extremely alarming rate.

Seek refuge from 'the mischief of created things'

My beloved brothers and sisters, and people of the United States of America and the world, I close with the 113th Chapter of the Holy Qur'an, Al-Falaq ("The Dawn"):

"In The Name of Allah, The Beneficent, The Merciful. I seek refuge in the Lord of the dawn, From the mischief of created things, And from the evil of intense darkness, when it comes, And from the evil of those who cast (evil suggestions) in firm resolutions, And from the evil of the envier when he envies."

The Enemy is taking natural things, created things, and making mischief with it. So by our being affected by this sexual craze, that is how AIDS is spreading so fast. Somebody is introducing AIDS to our girls; and now, we are having sex, and some of us are experiencing sex at five and six years old.

What is this world coming to? The answer lies in the food we eat. In the drinks we drink. And in the thoughts we think. Food influences thought. And Jesus said, "As a man thinketh in his heart, so is he."

This is why we have to have land. We have to begin farming. We have to take land that is not being used, and seek government permission—or even get together in your communities, and buy the vacant lot. And then learn gardening, and how to garden; and then get good seeds and start planting food, because it is only when you plant, and know what you're planting, and eat what you plant; then your health will improve, and your doctors' bills will subside.

And when we get into "How To Eat To Live," and show you how this is done, we can get away from so much drugs in medical form.

