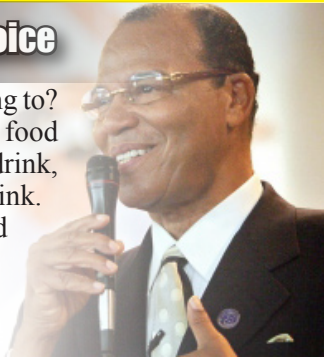


“The fact that fasting is the cure to 90 per cent of our ills is known by the medical scientists. But, they do not teach you that.” —**The Most Honorable Elijah Muhammad**

## Time to Make a Choice

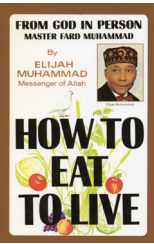


What is this world coming to? The answer lies in the food we eat, in the drinks we drink, and in the thoughts we think. Food influences thought and Jesus said: “As a man thinketh in his heart, so is he.”

This is why we have to have land. We have to begin farming. We have to take land that is not being used and seek government permission; or even get together in our communities and buy the vacant lot and then learn gardening and how to garden. Then get good seeds and start planting food because it is only when you plant, and know what you’re planting, and eat what you plant, then your health will improve. Your doctor’s bills will subside.

And when we get into *How to Eat to Live* and show you how this is done, we can get away from so much drugs in medical form.

—**The Honorable Minister Louis Farrakhan**, from “The Time and What Must Be Done, Part 37”: “Wicked Policy and America’s National Interest,” September 18, 2013.



## American History of Medical Racism & Savagery

The US Army secretly put motorized blowers atop the predominantly Black Pruitt-Igoe housing project in north St. Louis to send **hundreds of pounds of zinc cadmium sulfide into the air**. Higher incidents of cancer and death were reported among the residents. When, caught the government said the tests were part of a biological weapons program and St. Louis was chosen because it bore some resemblance to Russian cities that the U.S. might attack.



Pruitt-Igoe housing project in north St. Louis

**The COVID-19 VACCINE: “We Have No RIGHT to Trust Them.”**

## Gov’t COVID funding helped Black colleges survive the pandemic.

Historically Black colleges and universities (HBCUs) have been vaccine cheerleaders, and to this day many of their campuses have dutifully followed the disastrous lockdown policies and anti-science vaccine and mask mandates. HBCUs were given nearly \$3 billion under the American Rescue Plan, Pres. Joseph Biden’s sweeping COVID-19 relief package.

A survey of 400 college presidents found that nearly two thirds – 63% – agreed that relief funds kept students from dropping out. Over 79% also agreed the funds enabled schools to provide students with electronic devices and internet access necessary for students learning remotely to succeed.

“We have a number of students that have food and housing insecurity,” he said. “So you can be at home with unreliable internet access, with food housing insecurity, or you could be on campus where we could provide everybody for the most part with a single room and you got food access, and you got access to both WiFi and Ethernet. That was a better deal for everybody.”

More than 4 out of 5 college and university presidents (81%) polled agreed on some level that government funds allowed their institutions to keep tuition at pre-pandemic levels.

The HBCU administrators seem oblivious to the well-established dangers of the vaccine and exhibit a naive faith and dependence on a government with a record of medical racial mayhem.

## CDC Chief Walensky admits she learned about COVID vaccine through CNN

Who is actually running the depop plot at the CDC? Turns out it is the Pharma-bought pandemic panic pushers at **Jeff Zucker’s CNN**. Center for Disease Control & Prevention director **Dr. Rochelle Walensky** was asked how the agency could have improved over the past two years. Her answer is stunning: “Um...well, you know I think...*I can tell you where I was when the CNN feed came that it was 95 percent effective*...um the vaccine. So many of us wanted to be hopeful. So many of us wanted to say, ‘Okay, this is our ticket out, right, now we’re done.’”



“Um, so I think we have perhaps too little caution and too much optimism, um, for some good things that came our way...I really do,” Walensky continued. “I think all of us wanted this to be done. Nobody said ‘waning’ when when you know this vaccine’s gonna work, oh well, maybe it’ll work, it’ll wear off. Nobody said, ‘Well what if the next variant doesn’t, it doesn’t, it’s not as potent against the next variant.’”

Incredibly, this unscientific gibberish comes from the leader of the agency that the White House and Congress rely on to imposed lockdowns and vaccine and mask mandates, among a long list of harmful and unlawful edicts.

## Have COVID Deaths Been Overcounted?

In late August 2020, the CDC published data showing **Only 6% of the total death count had “COVID-19” listed as the sole cause of death**. The remaining 94% had an average of 2.6 comorbidities or preexisting health conditions that contributed to their deaths.

Through a series of COVID funding schemes hospitals were financially incentivized to overcount COVID cases and deaths. And yet there are many examples of people who died from other causes—like motorcycle accidents and gunshot wounds—who were counted as COVID deaths simply because they had a positive COVID test within a month of their death, or tested positive post-mortem.

In one egregious example, **Lucais Reilly** shot his wife in the head, and then turned the gun on himself, committing suicide on Thanksgiving 2020. The very next day—and before the coroner had even signed the *death certificates*—these fatalities showed up on the Colorado state website as “COVID” deaths. Nowhere on the death certificates does it say “COVID.”

## Pfizer CEO Bourla: Our Vax “is not that good [and] doesn’t last very long.”

**MARGARET BRENNAN**: So you’ve seen some of that data on a fourth dose, a second booster shot. You think it will be necessary.

**ALBERT BOURLA**: Right now, the way that we have seen, it is necessary, a fourth booster right now. The protection that you are getting from the third, it is good enough, actually quite good for hospitalizations and deaths. **It’s not that good against infections, but doesn’t last very long.**

But we are just submitting those data to the FDA and then we will see what the experts also will say outside Pfizer.



**“As I live, my desire is to destroy the so-called medical profession, because it is not a profession of healing; it is a profession of drugs.”**

**—The Most Honorable Elijah Muhammad**

## Study Blames COVID Rules for 23% dive in young children's I.Q.s

## Slave Plantation Passes Are Back: And Now Whites Are Slaves Too! Part 2

## Banker Explains Satan's Plan of Death & Control

A disturbing study at **Brown University** shows scores in three key cognitive tests slumped between 2018 and 2021, with face mask rules among the likely culprits. Scientists collected data from 1,600 children and analyzed the cognitive development of the youngsters through infancy, childhood, and adolescence; they looked at how average development scores in three key areas had been affected during the COVID era—with shocking results. **Researchers found that there was a 23 per cent drop in scores measuring childrens' intelligence quotients since the start of the “pandemic.”**

The study also found similar regression in the same span in regard to developing children's ability to communicate, both verbally and through subtle facial cues.

The study's findings come as parents across the globe grapple with the idea that wearing masks may interfere with the natural learning experiences and communication skills of their young children.

The study concluded that “children born during the pandemic have significantly reduced verbal, motor, and overall cognitive performance compared to children born pre-pandemic....In addition, masks worn in public settings and in school or daycare settings may impact a range of early developing skills, such as attachment, facial processing, and socioemotional processing.”

Further, the study's authors said that boys from poor backgrounds were most at risk of a drop in cognitive testing scores, with richer parents better able to mitigate the effects of the pandemic. They explained: “Comparing yearly mean scores since 2011, controlling for age, gender, demographic, and socioeconomic indicators, we find striking evidence of declining overall cognitive functioning in children beginning in 2020 and continuing through 2021....We find that males appear significantly more impacted than females, and that higher socioeconomic status (SES, as measured by maternal education) helps buffer against this negative impact.”

“There are sensitive periods in early childhood development in which language development and emotional development are really rapidly developing for the first few years of life,” said Dr. Ashley Ruba, a postdoctoral researcher in the University of Wisconsin-Madison's Child Emotion Lab. She added that developing children need to see others' subtle verbal or facial cues to accurately discern how someone is feeling—a skill that proves paramount as the youngsters age.”

As a PUBLIC SERVICE, we in the Nation of Islam want to prepare ALL Americans for the “Vaccine Passports” that are now being readied for full operation in the nation and around the world. Just as with slavery's plantation passes, the Digital ID system is designed to control every aspect of life, including your ability to travel, buy food, get medical care, go to school, get a job, start a business, and all else you now take for granted—your every activity will be based on the digital permission slip that verifies your medical status and vaccination history.

Accounts of how the plantation passport system operated in America is described in **Theodore Weld's** 1839 book titled *American Slavery As It Is: Testimony of a Thousand Witnesses*:

*A slave ran away from his master, and got as far as Newbern. He took provisions that lasted him a week; but having eaten all, he went to a house to get something to satisfy his hunger. A white man suspecting him to be a runaway, demanded his pass: as he had none he was seized and put in Newbern jail. He was there advertised, his description given, &c. His master saw the advertisement and sent for him; when he was brought back, his wrists were tied together and drawn over his knees. A stick was then passed over his arms and under his knees, and he secured in this manner, his trowsers were then stripped down, and he turned over on his side, and severely beaten with the paddle, then turned over and severely beaten on the other side, and then turned back again, and tortured by another bruising and beating. He was afterwards kept in the stocks a week, and whipped every morning.*

### Dr. Michael Yeadon (former Pfizer VP)

**“PLEASE warn every person not to go near [the COVID] vaccines. There is absolutely no need to them....If someone wished to harm or kill a significant proportion of the world's population over the next few years, the systems being put in place right now will enable it. It's my considered view that it is entirely possible that this will be used for massive-scale depopulation.”**

**Catherine Austin Fitts** is the president of Solari, Inc., and served on the board of directors of the Wall Street investment bank Dillon, Read & Co. Inc. She was also a high official at the Department of Housing and Urban Development in the first Bush Administration. She has provided investment strategy for \$300 billion of financial assets.

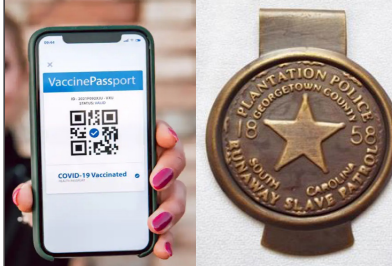
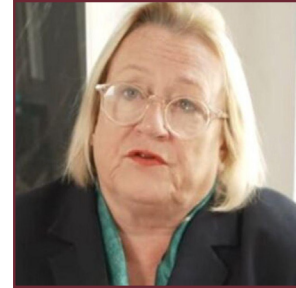
Fitts has been vocal about how the “pandemic” has twisted reality, leaving the public in a mental fog. “You're regularly pledging obedience to things which are not logical....Censorship and campaigns to discredit those who speak out against the narrative are additional control mechanisms that distort the truth.

“Human beings crave coherence. And so if you can put them in a state of incoherence they will literally do anything they can to get back to coherence. It's a typical torture tactic. ‘If you just do what I want, I will allow you to go back to a state of coherence.’ So, if you just accept the [vaccine] passports, you'll be free. Or if you get the vaccination, you'll just be free.”

“Further, by declaring small businesses as ‘non-essential’ during lockdowns, they get shut down, while Amazon, Walmart and other big box stores can take over their market share. A major transfer of wealth occurred away from small family-owned businesses to very large, publicly owned businesses that benefited from the digital economy. The people on Main St. have to keep paying off their credit cards or their mortgage, so they're in a debt trap and they're desperate to get cashflow to cover their debts and expenses.

“If a few people want to control many, how can you get the sheep into the slaughterhouse without them realizing and resisting? The perfect thing is invisible enemies, like viruses. This ramps up fear so the public believes they need the government to protect them.

“What COVID-19 is is the institution of controls necessary to convert the planet from the democratic process to technocracy. So what we're watching is a change in control and an engineering of new control systems. So think of this as a coup d'état. It's much more like a coup d'état than a virus.”



**Child Sacrifice: Brown University study found that masks contributed to a 23 per cent drop in scores measuring childrens' I.Q.s**